

the

really you

CONNECTING WOMEN IN TRUTH

8 MONTHLY
EVENTS FOR
WOMEN ONLY

in pursuit of
HAPPINESS

EXTREME MAKEOVER:
relationships

beauty secrets
FROM THE INSIDE

**EXPRESS
YOURSELF!**

NON-PROFIT
STD. MAIL
PAID
DALLAS, GA
PERMIT NO.
406

great sex
THE WAY GOD INTENDED

from heartache to **hope**

WHAT **A GIRL NEEDS**
to be sure of herself



women's fall dinner '07

West Ridge Church welcomes comedian Kelly Sisney for "Breathe." Invite your neighbors and friends or grab your journey group girls and join us for a ladies' night of food, fun, and fellowship you won't want to miss. Featuring a catered meal and a few surprises. [love]



WHEN: **saturday, september 29, 2007**
WHERE: **west ridge church worship center**
COST: **\$18 per person, tickets on sale august 26**

west ridge church launches "the real you"

a new monthly event for women!



If you long for fellowship with other women, if you need truth to live practically as a woman today, if you sense in your heart there must be something more... then we invite you to the ground-breaking new opportunity for women to discover the heart of who they are and how to live it out. "The Real You" will help you discover just that and promises to be life changing! We'll also share MORE of what is going on at West Ridge and how you can be a part. Grab your girl friends or come and meet some new friends. This monthly gathering will be your new calendar "must do". [grow]

WHEN: **one thursday night per month @ 7pm**
{see below for exact dates & topics}
WHERE: **west ridge church clubhouse theater (upstairs)**
COST: **free**
CHILDCARE: **\$3 per child per night @ west ridge praiseland**

september 6, 2007 – The Real You is Significant
Does it seem that every woman, but you, has it all together? Do you measure up? Your worth is inherent and is not based on appearance, performance, or status. Join us to learn how to make God's truth be the standard we can live by.
Speaker: Heather Lindsey

october 4, 2007 – The Real You is Emotional
Stressed, elated, frustrated, angry, calm. God created you with emotions and that's a good thing! Discover the purpose of your God-given emotions and learn how to balance them with the truth of God's word.
Speaker: Janie Niswonger

november 8, 2007 – The Real You is Content
I would be happy if _____. What would you fill in? Are you satisfied with your life as a woman today? Regardless of where you are, we'll take a look at how to let God show you the power to be content in all circumstances.
Speaker: Tina Weber

december 2007 - No meeting. *Enjoy your family!*

january 10, 2008 - The Real You is Confident
Do you have insecurities about yourself, inside and out? We all long for acceptance and approval from others but what happens when life is full of rejection? Learn how you can be confident and live out your full God-given potential.
Speaker: Teri Cress

february 7, 2008 – The Real You is Desired
Let's talk about sex! Discover God's true design for Biblical sexuality. Find wholeness in His creation of you as a woman and learn to experience and enjoy all that God intended.
Speaker: Teri Cress

march 6, 2008 – The Real You is Secure
Bad things happen to good people. Could I handle a tragedy in my life? Understand how God's grace is sufficient to meet all your needs and how He will prove this in times of crisis.
Speaker: Julie Peck

april 3, 2008 – The Real You is Empowered
Are you a "yes" woman in all your activities and relationships? Do you let pressure guide your choices? By God's grace, you have the courage to speak in truth and the freedom to choose what is best for you and your family. Learn how to set healthy boundaries in your relationships that honor God and keep you sane!
Speaker: Tina Weber

may 1, 2008 – The Real You is Free
Celebrate your new way of thinking! You are free to be the woman God has called you to be: Significant, Emotional, Content, Confident, Desired, Secure and Empowered. Join us for practical reminders for women on living out the "new" Real You!!!
Speakers: Conversations with all of our speakers from the year

WHEN: **saturday, february 23, 2008**
WHERE: **west ridge church worship center**
COST: **free**
DETAILS: **registration & info @ www.sistersinchrist.com**

sisters in christ conference '08



The 12th Annual Sisters in Christ Conference comes to West Ridge Church! Join women of all denominations from all over the Southeast to experience God in a whole new way. Hear speakers Cindi Wood, Babbie Mason and others share personal testimonies of how with God's grace, they have overcome obstacles in their lives and experienced growth. [love, grow]